

KODIAK

DV/SV RESOURCE GUIDE

SURVIVING ABUSE

PROMOTING WELLNESS

CHANGING HARMFUL BEHAVIORS



Photo Credit: Brendan Smith

If you or someone else needs help with safety:

EMERGENCY CONTACTS:

KODIAK WOMEN'S RESOURCE AND CRISIS CENTER

24-hour Crisis Number: 1-888-486-3625 or (907) 486-3625

LAW ENFORCEMENT:

City of Kodiak Police Department: 911 or (907) 486-8000

Kodiak State Troopers: (907) 486-4121 or call you community's VSPO

REGIONAL OCS OFFICES:

Kodiak: (907) 486-6174

PROGRAM DIRECTORY:

Child Advocacy Center Kodiak Area

Native Association (KANA)

3484 Rezanof Dr., Kodiak, AK 99615

(907) 486-9878

www.kanaweb.org/html/health-programs/child-services/kodiak-services.php

Kodiak Women's Resource and Crisis Center

422 Hillside Dr., Kodiak, AK 99615

24-hour Crisis: 1-888-486-3625 or (907) 486-3625

Business: (907) 486-6171

www.kwrcc.org

Sun'aq Tribe

312 West Marine Way, Kodiak, AK 99615

(907) 486-4449

www.sunaq.org/member-services/womens-advocacy

Native Village of Afognak

323 Carolyn St., Kodiak, AK 99615

(907) 486-6357

www.afognak.org

Turning the Tide

(907) 486-9894 x2617



CALL 211 OR 1-800-478-2221
FOR ANY SOCIAL SERVICE OR
SAFETY RESOURCE.

DEFINITIONS:

For detailed definitions related to domestic violence see PDF titled "Basic Definitions". For additional information on the reporting and response to domestic violence and child abuse, see PDF infographics.

Surviving Abuse: next



REPORTING: FOR CHILDREN & TEENS

(See PDF called “**Basic Definitions**” and PDF called “**Infographic: What to Do if You Suspect a Child is Being Abused or Neglected**” for more information on Child Advocacy Centers, or CACs.)

The **Kodiak Area Native Association (KANA) Child Advocacy Center (CAC)** is located in the City of Kodiak. Their purpose is to provide a child-friendly, neutral facility for the evaluation, investigation, and treatment of child abuse and to support children and non-offending caregivers. Services include:

- **Transportation** to the CAC for families living in villages (at no cost to the families)
- **Child-friendly, developmentally appropriate interviews** conducted by a trained forensic interviewer
- **Medical examinations** (when necessary) performed by a caring health care provider with special training in child abuse
- **Family advocates** to guide families through the CAC process and support them afterwards
- **Information and support** to help caregivers understand the abuse and how to help the child
- **Accompaniment and support** for the child through the court process
- **Children’s counseling** and family counseling through KANA’s Behavioral Health Dept.
- **Referrals** to the KANA Cama’i Home Visiting program, which provides in-home education and coaching for parents with children age 0-5



The KANA Child Advocacy Center is a child-friendly facility where professionals from law enforcement, child protection, medical care, and counseling come together to help children and their families.

Advocates receive training in cultural competency and use professional interpreters through Alaska Language Services.

REPORTING: FOR ADULTS

(See PDF called “**Basic Definitions**” and PDF called “**Infographic: what are your options as an adult victim of DV and/or SV**” for more information about the option of reporting and about Sexual Assault Response Teams or SARTs.)

Adults (ages 18 and older) are not required to make a report if they are abused by a partner or sexually assaulted by anyone, but if they choose to, here is what is in place for victims on Kodiak Island:

- If a victim (female or male) of sexual assault contacts local law enforcement, they can receive transportation (at no cost to them) to the confidential, secure facility in the City of Kodiak for the SART process.
- In the SART process, the victim can meet with a law enforcement officer or Trooper, receive support from an advocate, and complete a forensic exam done by a trained medical professional.
- Partner physical violence can be reported to local law-enforcement or health care providers. With the victim’s permission, they can contact victim advocates to assist with safety planning.
- Victims and concerned loved ones may also contact the Kodiak Women’s Resource and Crisis Center to get help making a police report and/or to get information about the reporting process.

If a victim chooses not to report to Law Enforcement, they are still highly encouraged to get a medical exam for their own personal health (e.g. antibiotics and Plan B to prevent STDs and pregnancy) and to address any other medical conditions as a result of being assaulted (e.g. strangulation).

Additionally, if a victim chooses not to report or have a medical exam, they are still encouraged to speak with an advocate, who can help them talk about their experience, safety plan, etc.



SHELTER

For adult victims of abuse and their children needing immediate safety, the Kodiak Women's Resource and Crisis Center (KWRCC), located in the city of Kodiak, offers many essential services, including:

- **14-bed** shelter for women and their children
- **Safe housing** in the community for male victims and for female victims when shelter is full
- **Free emergency transportation** to the shelter from anywhere on the island
- 2-week stay with extensions available; long-term stays when needed
- Assistance with housing, food, clothing, resources for children, and other **basic needs**
- On-site support groups



This computer with internet access is available to families staying in the KWRCC shelter so that women and their families can feel empowered to make positive steps in their lives, including searching for jobs and getting connected to job training, housing, etc.



Advocates from many cultures and language backgrounds are available at KWRCC to listen, provide support, give information, help people through the legal system, and connect people to resources via the 24 hour toll-free hotline or at the shelter.

ADVOCACY, SUPPORT, AND INFORMATION

Trained, caring advocates support children, teens, and adults at **The Kodiak Women's Resource and Crisis Center**. Advocates provide the following services (which are not exclusive to people in shelter and which are available to victims of any gender):

- **24-hour hotline** where they provide a listening ear, support, and information to victims of violence, their family members and loved ones, or others who have questions about abuse
- **Safety planning**
- **Legal advocacy** (court accompaniment, protective orders, connecting victim to a lawyer at no cost, etc.)
- **Medical advocacy** (supporting victim to get healthcare and accompanying victim to a SART exam or supporting a child victim and their family during a forensic exam at the CAC)
- **One-on-one support** and information, and group support and education (see section 4 of prevention)
- **Group support** and education (see section 4 of prevention)
- Help to find housing, food, clothing, job training and other **basic needs**
- Help to find other needed **resources**, such as counseling or children's programs
- Culturally appropriate services for people of diverse languages and cultures including: a Latina, Spanish-speaking advocate; a Filipina, Tagalog-speaking advocate; a Sugpiaq/Alutiiq advocate (in partnership with the Sun'aq Tribe)
- Access to trained interpreters for other languages
- Extensive training to meet the needs of lesbian, gay, bisexual and transgender (LGBT) victims of violence in a sensitive and appropriate way
- KWRCC staff, along with social service providers and the Kodiak Police Department, meet regularly with an Inter-Cultural Task Force to better understand and support immigrant and Alaska Native people who have been abused

SURVIVING ABUSE |

ADVOCACY, SUPPORT, AND INFORMATION (CONT.)

The **Sun’aq Tribe**, **KANA**, and **Providence Kodiak Community Mental Health** work closely with KWRCC to ensure all people can access professional and culturally-appropriate counseling. Additionally,

Through the **Sun’aq Tribe**, tribal members experiencing abuse can access:

- Support to find and pay for housing
- One-on-one support and resources

KANA Social Services Department supports parents and helps women heal through:

- Parenting groups (see section 4 of prevention)
- An annual “Women’s Wellness Retreat”

PROMOTING WELLNESS |

YOUTH MAKE A DIFFERENCE!

Education Opportunities:

- Head Start “**Safe Touch**” programs in the City of Kodiak teach children their rights to safety and how to get help.
- **Turning the Tide**, a collaboration between KANA, KWRCC, and Providence Kodiak Community Mental Health has worked with some village schools, using theatre and art, to help students learn about healthy relationships and how to respond to bullying or abusive behavior.
- **Turning the Tide** staff organizes after-school running clubs in which students train for a 5K while doing activities related to values, goal-setting, and respect.
- In **City of Kodiak schools**, the Fourth R Healthy Relationships curriculum is taught, with support from KWRCC, and the “We are Worthy” safety card is distributed and discussed with students.



Melissa Borton and her colleagues at the Native Village of Afognak teach young people about healthy relationships and conflict resolution through culture and traditional Sugpiaq/Alutiiq values. They run a year-round after-school program and a summer camp for youth.

Ways Youth Can Get Involved:

City of Kodiak:

The **Native Village of Afognak** offers year-round after-school programs and the Dig Afognak summer camp to Alaska Native and American Indian children. The Tamamta Tangipet Tuniutapet: “All of Us Are Tending Our Light” program helps children and young teens build skills for healthy friendships, conflict resolution, and respect. The Native Wellness Institute curriculum is used to reinforce traditional Sugpiaq/Alutiiq cultural values and language.

The **FOR Club**, a student club in Kodiak High School, works to build a positive and peaceful school environment, promote respect, and reduce suicide and bullying.

KANA offers arts and crafts night at the Teen Center every Friday, creating a safe place for artistic expression and the option of talking with a supportive adult.

Promoting Wellness: next



YOUTH MAKE A DIFFERENCE! (CONT.)

Ways Youth Can Get Involved:

Old Harbor:

The **Old Harbor Positive Choices and Prevention Team** believes in engaging people in culture and community as prevention. They hold regularly scheduled, alcohol-free community activities for youth and adults and they involve youth in planning activities and changing community norms through the Green Dot Initiative.



The Old Harbor Positive Choices and Prevention Team supported teen Chloe Hawkins to pursue a mini-grant from the State of Alaska. With this grant, Chloe created multimedia messages for her peers about healthy relationships.

TRAININGS FOR TRIBES AND PROFESSIONAL GROUPS:

Staff at KANA are available by request of village tribes and organizations to do community trainings on the SafeTalk suicide prevention approach and on other topics.

KWRCC offers advocacy trainings that cover the dynamics of DV/SV and how to provide empathy, information, and support.

KANA's DVPI program provides training (including DV recognition & response, elder abuse, economic abuse via coerced debt, stalking) to a variety of groups and organizations.

A collaboration between Native Village of Afognak, KANA, Healthy Tomorrows, the Kodiak School District, and other organizations offers an annual training and conference on substance abuse, including an examination of the relationship between substance abuse and child trauma.

CHANGING COMMUNITY NORMS

The **Sun'aq Tribe Women's** program creates culturally-appropriate publications for teens and adults on healthy relationships.

The **Old Harbor Positive Choices and Prevention Team** holds regular, alcohol-free community activities for all generations, including "Community Café" conversations about traditional values and healthy relationships.

Projects in **Old Harbor** and the **City of Kodiak** are engaging men in preventing and stopping violence, and implementing the bystander intervention "Green Dot" Initiative. For more info on Green Dot, visit: www.greendotalaska.com.

EMPOWERMENT, SUPPORT, AND EDUCATION GROUPS

In the City of Kodiak, there are a number of groups to help build social networks, parent support, skills, and awareness. These include:

- Women's Craft Nights, open to members of the Sun'aq tribe
- Parenting Support and education groups, available through KANA Social Services and KWRCC
- KWRCC's parenting groups available in English and Spanish; the Spanish-language group is open to both men and women
- KWRCC also offers support and empowerment groups to women



HELP FOR PEOPLE WHO HAVE HARMED OTHERS

Batterer Intervention Programs:

There is one State-approved batterer intervention program on the island; that is, one program that addresses the beliefs and learned behaviors that contribute to violence and how to change them, and that helps batterers build the skills to change their behaviors. This program is run by a private practice counselor in Kodiak, Sandra Collins-Jackson, MS, who offers a course for people who have abused their partner. The course is:

- conducted as a facilitated group
- usually 30-36 weeks for completion
- limited scholarships may be available through the Turning the Tide program—Contact KANA's Violence Prevention Coordinator for more information
- open to men and women
- open to those who are court-ordered and those who go voluntarily to help themselves, their partners, and their children to lead healthier lives

The course uses *Moral Reconciliation Therapy (MRT)*, a program based on the assumption that domestic violence and power and control behaviors are learned—and that they can be unlearned.

For parents:

For information on responses for caregivers who are involved with the Office of Children's Services (OCS) or at risk of OCS involvement, contact your local OCS office or ICWA coordinator.