

# INTERIOR

## DV/SV RESOURCE GUIDE

SURVIVING ABUSE

PROMOTING WELLNESS

CHANGING HARMFUL BEHAVIORS



If you or someone else needs help with safety:

### EMERGENCY CONTACTS:

#### INTERIOR ALASKA CENTER FOR NON-VIOLENT LIVING (IAC)

24-hour Crisis Number: 1-800-478-7273 or (907) 452-2293

#### LAW ENFORCEMENT:

Fairbanks Police Department: 911

State Troopers: Contact your local Trooper Post or call your community's VPSO

#### REGIONAL OCS OFFICES:

**Delta Junction**, Chicken, Dot Lake, Healy Lake, Fort Greely, Northway, Tanacross, Tetlin, Tok: (907) 895-4452

**Fairbanks**, Alatna, Allakaket, Anaktuvuk Pass, Anderson, Arctic Village, Beaver, Bettles, Birch Creek, Cantwell, Central, Chalkyitsik, Circle, Clear, Coldfoot, Fort Yukon, Healy, Lake Munchumina, Livengood, Manley Hot Springs, Mt. McKinley Park, Minto, Nenana, Rampart, Stevens Village, Venetie, Wiseman: (907) 451-2650

**Galena**, Hughes, Huslia, Kaltag, Koyukuk, Nulato, Ruby, Tanana: (907) 656-1667

**McGrath**, Anvik, Grayling, Holy Cross, Lime Village, Medfra, Nikolai, Shageluk, Takota, Telida: (907) 524-3848

### PROGRAM DIRECTORY:

#### Alaska Native Women's Coalition

Phone: (907) 978-1852

[shirleymmoses@yahoo.com](mailto:shirleymmoses@yahoo.com)

On Facebook as Alaska Native Women's Coalition

#### Interior Alaska Center for Non-Violent Living (IAC)

24 hour crisis line: (907) 452-2293 or toll-free:

1-800-478-7273

[www.iacnvl.org](http://www.iacnvl.org)

#### Learning to End Abuse Permanently (LEAP)

Phone: (907) 452-2473

[www.anjc.org](http://www.anjc.org)

#### Resource Center for Parents and Children (RCPC) Stevie's Place

726 26th Ave., Suite 2, Fairbanks, AK, 99701

Phone: (907) 456-2866 or (907) 374-2850

[rcpc@rcpcfairbanks.org](mailto:rcpc@rcpcfairbanks.org)

[www.rcpcfairbanks.org/stevies\\_place.php](http://www.rcpcfairbanks.org/stevies_place.php)



CALL 211 OR 1-800-478-2221  
FOR ANY SOCIAL SERVICE OR  
SAFETY RESOURCE.

More Contact Info: next

## CONTACT INFO



### PROGRAM DIRECTORY (CONT.):

#### Tanana Chiefs Conference (TCC)

Child Protection Program  
Phone: (907) 452-8251 ext 3360

#### Tundra Women's Coalition

(DV/SV program, shelter, and CAC)  
24-hour crisis: 1-800-478-7799 or (907) 543-3456  
Business: (907) 543-3444  
[www.tundrapeace.org](http://www.tundrapeace.org)

#### Yukon Flats Health Center – Behavioral Health Services

E 6th Ave, Fort Yukon, AK 99740  
Phone: (907) 662-2526

### DEFINITIONS:

For detailed definitions related to domestic violence see PDF titled “Basic Definitions”. For additional information on the reporting and response to domestic violence and child abuse, see PDF infographics.

## SURVIVING ABUSE



### REPORTING: FOR CHILDREN & TEENS

(See PDF called “Basic Definitions” and PDF called “Infographic: What to Do if You Suspect a Child is Being Abused or Neglected” for more information on Child Advocacy Centers, or CACs.)

The Child Advocacy Center (CAC) for Interior Alaska is called **Stevie's Place**. It is run by the Resource Center for Parents and Children (RCPC) and is located in Fairbanks in a confidential facility. Stevie's Place provides a child-friendly and family-friendly environment for children and teens under age 18 who have suffered suspected abuse. They also work with adult victims who have developmental disabilities. Their goals are to prevent re-traumatization of the victim, support families with counseling and other services during and after the investigation, and to hold offenders accountable. Services include:

- **Transportation** to the CAC for families (at no cost to the families)
- **Child-friendly, developmentally appropriate interviews** conducted by a trained forensic interviewer
- **Medical examinations** (when necessary) performed by a caring health care provider with special training in child abuse
- Option of a volunteer **Alaska Native advocate** through Alaska Native Women's Coalition
- **Family advocates** to guide families through the CAC process and support them afterwards
- **Information and support** to help caregivers understand the abuse and how to help the child
- **Accompaniment and support** for the child through the court process
- **Referrals** for immigration services and family programs
- Support filing for **Violent Crimes Compensation Board** money, and support accessing basic needs
- Parenting classes, one-on-one support, and other **services for parents and caregivers** via RCPC
- Coordination with advocates from Interior Alaska Center for Non-Violent Living (IAC) to support caregivers who are victims of domestic violence
- **Follow-up** with children and caregivers every year until child turns 18

Surviving Abuse: next



## REPORTING: FOR CHILDREN & TEENS (CONT.)



*Stevie's Place has a child-friendly environment in which children can tell their story and be believed, and in which children and non-offending caregivers can get resources and long-term support.*

Family advocates have training in cultural competency and use professional interpreters through Alaska Language Services, as well as the multilingual staff at RCPC and volunteers from Alaska Native Women's Coalition.

**Note:** Child victims in Grayling, Aniak, Shageluk, and Holy Cross would travel to the Child Advocacy Center in Bethel, run by Tundra Women's Coalition. See the Yukon Kuskokwim Delta regional profile for more information.

## REPORTING: FOR ADULTS

(See PDF called "**Basic Definitions**" and PDF called "**Infographic: what are your options as an adult victim of DV and/or SV**" for more information about the option of reporting and about Sexual Assault Response Teams or SARTs.)

Adults (ages 18 and older) are not required to make a report if they are abused by a partner or sexually assaulted by anyone, but if they choose to, here is what's in place:

- If a victim (female or male) of sexual assault contacts local law enforcement, they can receive transportation (at no cost to them) from the outlying villages to the confidential, private medical-forensic exam room in Fairbanks for the SART process.
- If a victim from Grayling, Aniak, Shageluk, or Holy Cross contacts law enforcement, they can receive transportation to (at no cost to them) the confidential, private medical-forensic exam room at the YKHC hospital in Bethel.
- In the SART process, the victim can meet with a law enforcement officer, receive support from an advocate, and complete a forensic exam done by a trained medical professional.
- Partner physical violence can be reported to local law enforcement or health care providers. With the victim's permission, they can contact victim advocates to assist with safety planning.

If a victim chooses not to report to Law Enforcement, they are still highly encouraged to get a medical exam for their own personal health (e.g. antibiotics and Plan B to prevent STDs and pregnancy) and to address any other medical conditions as a result of being assaulted (e.g. strangulation).

Additionally, if a victim chooses not to report or have a medical exam, they are still encouraged to speak with an advocate, who can help them talk about their experience, safety plan etc. They can do so over the phone, in person in Fairbanks/Bethel, or with one of the rural advocates who travel to villages in the Interior.



## SHELTER

For victims of abuse and their children needing immediate safety, the following options are available:

### Fairbanks:

#### Interior Alaska Center for Non-Violent Living (IAC)

An emergency shelter with **56 beds** for adult women and their dependent children

Options for private and semi-private rooms

Three week shelter stay with options of extending

24-month, in-shelter **transitional housing** program option for women who need more support; includes case management and can include substance abuse and other services

**Male victims** can receive emergency housing in an off-site location.

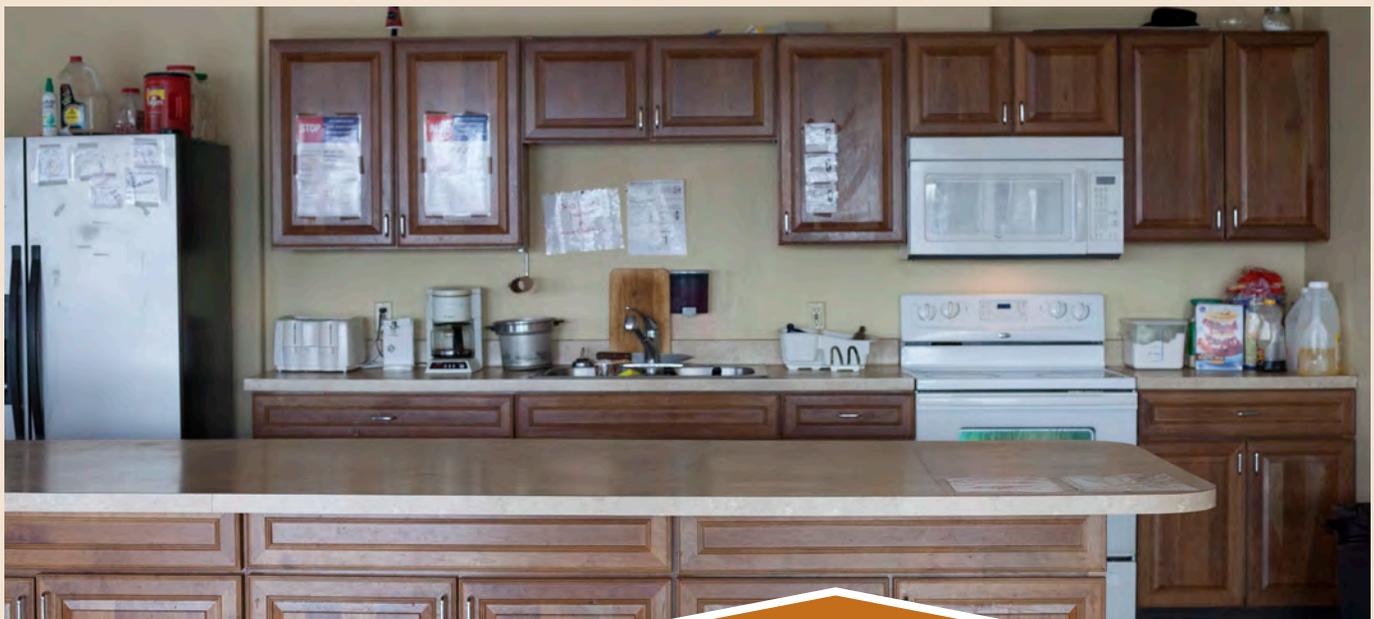
**Carmen House:** Fully-furnished apartments

**Transportation to shelter** for victims and their children from Interior communities (at no cost to the victim).

**Permanent Supportive Housing** to survivors of domestic violence or sexual assault who are also Mental Health Trust beneficiaries. No limit to the amount of time that they can stay. Daily case management also available

**Playground** for children of shelter residents

**Note:** Victims of violence from Grayling, Aniak, Shageluk, and Holy Cross who are seeking shelter would contact and travel to the Tundra Women’s Coalition (TWC) shelter in Bethel. See the Yukon Kuskokwim Delta regional profile for more information.



*The IAC shelter in Fairbanks includes a small and large kitchen, laundry facilities, shared community areas and child play areas, and a variety of types of rooms, with the goal of creating a safe and friendly atmosphere for women and their children escaping violence.*



*The caring advocates at Stevie's Place in Fairbanks help to support children and their caregivers to understand the reporting process, connect to needed resources, go through the court process, and heal from abuse.*

## ADVOCACY, SUPPORT, AND INFORMATION

Trained, compassionate advocates are available at:

- **Interior Center for Non-Violent Living (IAC)**, Fairbanks and an advocate who travels to villages in the region
- **Stevie's Place**, Fairbanks
- **Tanana Chiefs Conference (TCC) Child Protection Program**, advocate who travels to villages in the region
- **Tundra Women's Coalition (TWC)**, Bethel (for people from Grayling, Aniak, Shageluk, and Holy Cross)

Advocates provide the following services (which are not just for people in shelter):

- **24-hour hotline** where they provide a listening ear, support, and information to victims of violence, their family members and loved ones, or others who have questions about abuse (IAC, TWC)
- **Safety planning**
- **Legal advocacy** (court accompaniment, protective orders, connecting victims to a lawyer at no cost, etc.)
- Work with tribal courts and **tribal protective orders** (TCC)
- **Medical advocacy** (supporting victim to get healthcare and supporting victim through the SART process)
- **One-on-one support** and information, group support and education (see section 4 of prevention)
- Help to find housing, food, clothing, job training and other **basic needs**
- Assistance filing for money through **Victims of Violent Crimes Compensation**
- **Emergency transportation** to the shelter
- Help to find other needed **resources**, such as counseling or children's programs
- Advocacy tailored to the needs of people with cognitive disabilities (IAC and Stevie's Place)
- Staff trained in and sensitive to working with LGBTQ clients (IAC and Stevie's Place)

Services specifically for children and teens:

- **Support and advocacy for child victims** (Stevie's Place)
- **Safety planning** with mothers concerning their children (IAC)
- **The Birch Center**, run by IAC, which provides **supervised visitation** and custody exchange services. All visitations and exchanges are supervised by visitation monitors and security staff in a safe, respectful, non-institutionalized setting.

Additionally, in many villages in the Interior region, there are **Tribal Family and Youth Specialists (TFYS)** who are able to provide crisis response at the local level and help connect adult and child victims of violence to resources.

Promoting Wellness: next



## YOUTH MAKE A DIFFERENCE!

### Education Opportunities:

#### Fairbanks and the surrounding area

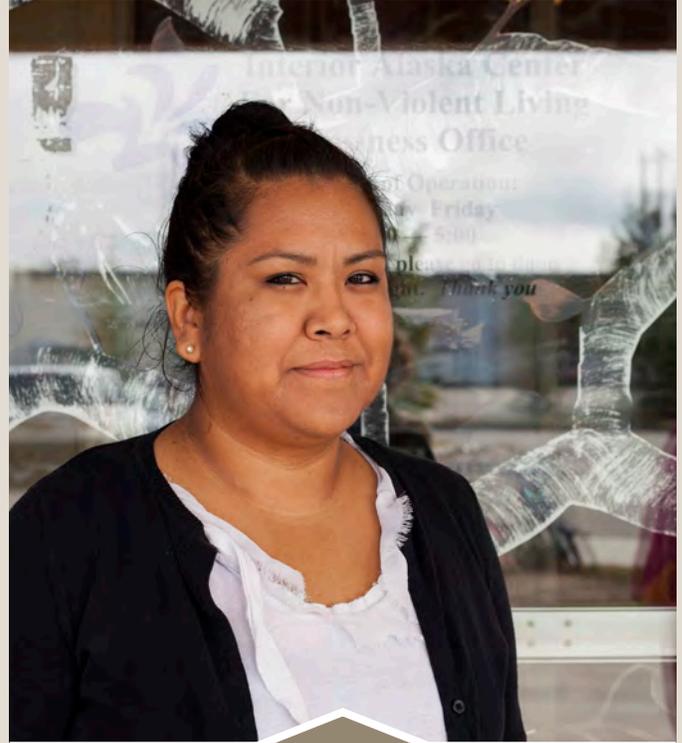
Staff from **Stevie's Place** present in elementary school, middle and high school, and college classrooms around Fairbanks on issues such as:

- internet safety
- healthy relationships
- cell phone safety
- safe dating

Staff from **Interior Center for Non-Violent Living (IAC)** support teachers in the Fairbanks School District to implement the “Fourth R” healthy relationships curriculum.

Staff from **IAC** lead “Fourth R” classes with youth in residential substance abuse treatment at Fairbanks Native Association.

Staff from the **Fort Yukon Behavioral Health Clinic** do outreach and present in classrooms.



*IAC staff lead a variety of prevention activities in the Fairbanks community, from presentations in classrooms to the Green Dot Initiative.*

## WAYS YOUTH CAN GET INVOLVED:

In Fairbanks, youth can get involved in **IAC's** volunteer program.

In Arctic Village, Beaver, Birch Creek, and Venetie, Behavioral Health Aides support youth in after-school programs.

## TRAININGS FOR TRIBES AND PROFESSIONAL GROUPS:

### In villages throughout the region:

**Tanana Chiefs Conference (TCC) Child Protection Department** offers training and technical assistance to TFYS workers, tribal courts, and clinic staff. This includes trainings and assistance on issues such as domestic violence, sexual assault, identifying resources available to rural communities, how to lead prevention activities, and management of ICWA cases, foster parenting, and adoption.

The **IAC** rural advocate offers presentations or trainings upon request on topics such as healthy relationships, DV 101, and IAC agency services.

### In Fairbanks:

Staff from **Stevie's Place** offer trainings and information sessions for professional groups, such as law enforcement, medical providers, behavioral health providers, faith-based community, and OCS. These trainings cover issues such as responding to suspected or disclosed child sexual abuse and the CAC process.

The **Green Dot Initiative** (see next section for more information) has trainers from a variety of backgrounds who can provide presentations to community groups and organizations upon request. To request a presentation, contact the Outreach Director at IAC.



## CHANGING COMMUNITY NORMS:

### Fairbanks

The Fairbanks Prevention Committee, with members from multiple agencies, including IAC, coordinates DV/SV prevention efforts within the Fairbanks community and surrounding areas. Some of these efforts include:

- Events for Sexual Assault Awareness Month (April), such as “Take Back the Night,” increasing awareness of sexual violence as a social issue
- Media campaigns to engage boys and men in prevention
- The Green Dot Initiative, which is a bystander intervention approach that helps provide community members with the skills needed to stop violence before it occurs and change norms that support violence. For more information, visit [www.greendotalaska.com](http://www.greendotalaska.com)

### Villages in the region

Tribal Family and Youth Specialists (TFYS) put on a variety of violence and child maltreatment prevention events in their villages.



*Advocates at Interior Center for Non-Violent Living (IAC) facilitate regular groups, which provide opportunities for women to heal from past abuse and to develop healthy self-esteem and relationship skills in an environment of fellow survivors.*

## EMPOWERMENT, SUPPORT, AND EDUCATION GROUPS:

**IAC** holds an art-based healing group for adults and children, and a “Changing Patterns” group for helping build skills for healthy relationships, open to any female victim of domestic violence .

**Resource Center for Parents and Children (RCPC)** holds support and educational groups for many types of caregivers (e.g. grandparents raising young children, single parents).



## HELP FOR PEOPLE WHO HAVE HARMED OTHERS

### Batterer Intervention Programs:

There is one State-approved batterer intervention program in the region; it addresses the beliefs and learned behaviors that contribute to violence and how to change them. This program is called Learning to End Abuse Permanently (LEAP) and it is located in Fairbanks. Some of the features of LEAP are:

- 36-week course
- Available for those court-ordered, sent as part of an OCS case plan, and those who come voluntarily
- Limited scholarships available; requires volunteer service at a community agency
- Modifications to teaching, homework, and testing are made for those who have low levels of literacy and/or cognitive impairments, including FASD
- Helps men to examine issues such as how they make choices to control their partners and how they can make healthier choices, the belief systems behind their low self-esteem and abusive behaviors, and how to recognize and respond to cues and triggers
- Men hold one another accountable and provide comradery and support
- If someone has successfully completed the program, they can come back to sit in on classes at no cost

### For parents:

For information on responses for caregivers who are involved with the Office of Children's Services (OCS) or at risk of OCS involvement, contact your local OCS office or ICWA coordinator.