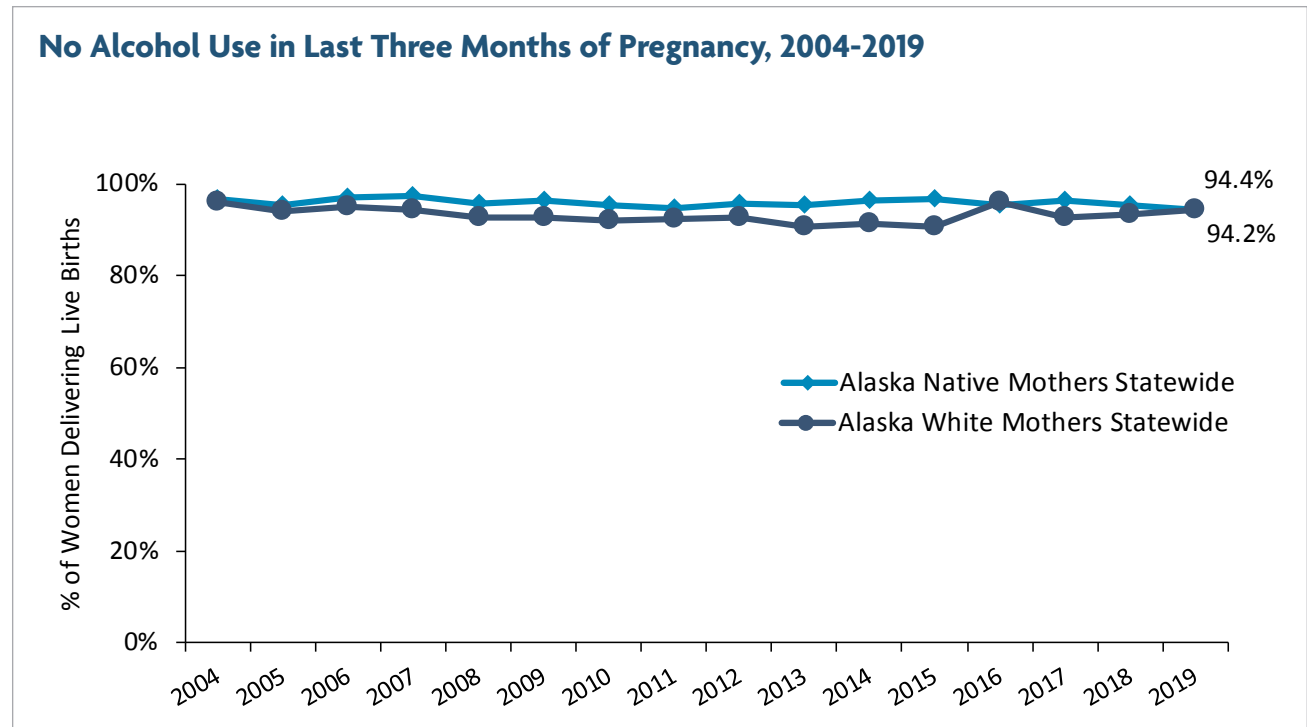


Prenatal Alcohol Use



Data Source: Alaska Division of Public Health, Alaska Pregnancy Risk Assessment Monitoring System
 AK Data Analysis: Alaska Division of Public Health, Section of Women's, Children's & Family Health, Maternal & Child Health Epidemiology Unit
 Table C-71

Definition

Prenatal alcohol use includes women who self-reported consumption of alcohol during the last 3 months of their pregnancy. Use of alcohol during pregnancy can result in miscarriage, stillbirth, and adverse physical and neurological problems known as fetal alcohol spectrum disorders (FASD).¹⁵ Prenatal alcohol use is a leading preventable cause of birth defects and mental retardation.¹⁶

Summary

- » In 2019, 94.4% of Alaska Native mothers reported no alcohol use during the last 3 months of their pregnancy.
- » Between 2004 and 2019, the percent of Alaska Native mothers consuming no alcohol in the last three months of pregnancy appeared to remain relatively stable.

Related Objectives

Increase abstinence from alcohol among pregnant women to 92.2%. - *Healthy People 2030, Objective MICH-09*

Prenatal Alcohol Use

Table C-71: No Alcohol Use in Last Three Months of Pregnancy, 2004-2019

	Alaska Native	Alaska White
	Mothers Statewide	Mothers Statewide
	%	%
2004	96.5%	96.0%
2005	95.4%	94.1%
2006	97.0%	95.0%
2007	97.2%	94.4%
2008	95.8%	92.5%
2009	96.4%	92.8%
2010	95.3%	92.0%
2011	94.6%	92.4%
2012	95.5%	92.7%
2013	95.4%	90.5%
2014	96.2%	91.4%
2015	96.6%	90.5%
2016	95.3%	96.1%
2017	96.2%	92.5%
2018	95.2%	93.3%
2019	94.4%	94.2%

Data Source: Alaska Division of Public Health, Alaska Pregnancy Risk Assessment Monitoring System

AK Data Analysis: Alaska Division of Public Health, Section of Women’s, Children’s & Family Health, Maternal & Child Health Epidemiology Unit

15 Centers for Disease Control and Prevention. (2021). Alcohol Use in Pregnancy. Retrieved from www.cdc.gov/ncbddd/fasd/alcohol-use.html

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