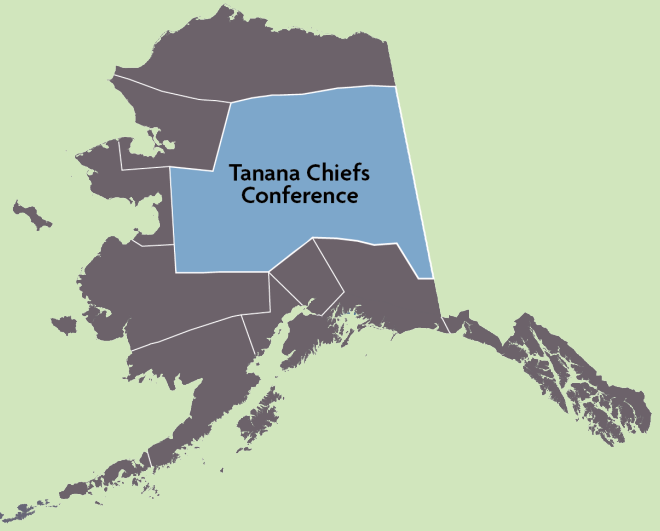


## Tanana Chiefs Conference

# Wellness Strategies for Health 2014-2019 SUCCESSES

The Alaska Native Epidemiology Center's (EpiCenter) Wellness Strategies for Health\* (WSH) program focuses on policy, system, and environmental improvements to support healthy living and chronic disease prevention among Alaska Native and American Indian people.

To implement this work, EpiCenter partnered with Tanana Chiefs Conference (TCC) to make community-chosen and culturally-responsive health improvements in tobacco prevention, nutrition, health literacy, and community-clinical linkages. With the EpiCenter's support, TCC was able to achieve the successes below.



### Reduced tobacco use and exposure

- ✓ Revised tobacco-free campus policy
- ✓ Revised tobacco screening and referral procedures



### Improved community-clinical linkages

- ✓ Created point-of-care diabetes and diabetes screening and referral procedures at health fairs
- ✓ Activated diabetes screening in electronic health record



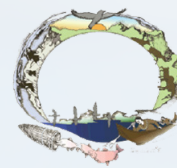
### Increased access to healthy foods

- ✓ Passed and implemented healthy food policy
- ✓ Created healthy food labeling system at clinic cafes



### Increased health literacy

- ✓ Implemented staff health literacy training
- ✓ Helped facilitate communication plan for new electronic health record



Tanana  
Chiefs  
Conference

These successes allow TCC to fulfill their mission of providing “a unified voice in advancing sovereign tribal governments through the promotion of physical and mental wellness, education, socioeconomic development, and culture of the Interior Alaska Native people.”