



# Activity Spotlight: Tobacco Prevention Efforts

In 2014, Tanana Chiefs Conference (TCC) completed a community health assessment, which revealed its communities were concerned about tobacco use. To address this, TCC focused on tobacco use prevention and revitalizing their tobacco cessation options.



Tanana Chiefs Conference

## Success: TCC revitalized its tobacco-free campus policy.

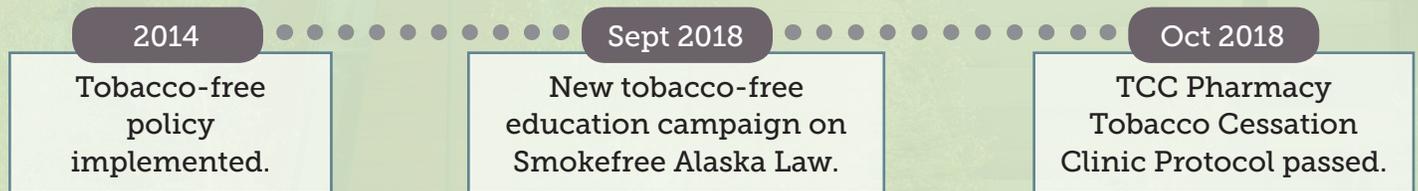
In 2014, TCC passed a tobacco-free campus policy prohibiting tobacco use on all TCC-operated properties and at all TCC-sponsored events. The purpose of their policy was “to protect the health, safety and comfort of TCC employees, contractors, patients and visitors at any of our facilities by promoting a healthy lifestyle.”

After passing the policy, TCC focused on revitalizing other tobacco prevention and cessation efforts.

For example, when Alaska voters passed a Smokefree Workplace law in 2018, TCC capitalized on this by rolling out a new tobacco education and communication campaign. For cessation efforts, a new Pharmacy Tobacco Cessation Clinic protocol was passed, allowing adult TCC beneficiaries to participate in tobacco cessation counseling with various TCC departments.

By standing against tobacco, TCC is fulfilling the organization’s vision of “Healthy, Strong, Unified Tribes.”

## TCC Tobacco Prevention Efforts Timeline



### - Background -

TCC is a sub-awardee of the Alaska Native Tribal Health Consortium Epidemiology Center’s Wellness Strategies for Health Program\*, which is part of the Centers for Disease Control and Prevention’s (CDC) Good Health and Wellness in Indian Country (GHWIC). The program promotes community-chosen and culturally-responsive policy, system, and environmental improvements to support healthy living and chronic disease prevention among Alaska Native and American Indian people.



View more at [anthctoday.org/epicenter/wsh.html](http://anthctoday.org/epicenter/wsh.html).

\*This program was made possible through the Centers for Disease Control and Prevention’s Good Health and Wellness in Indian Country cooperative agreement (#DP005422).