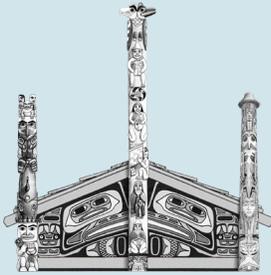
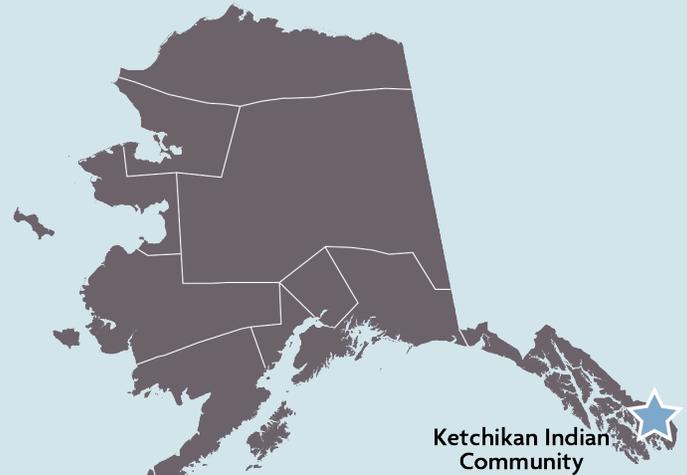




## Activity Spotlight: Screening & Referral Improvements

In 2014, Ketchikan Indian Community (KIC) completed a community health assessment (CHA), which revealed its residents were concerned about managing chronic disease conditions such as heart disease, Type 2 diabetes, and stroke. To address this, KIC developed several strategies to improve their chronic disease-related community and clinical linkages.



### Success: KIC improved process to screen and refer patients for care.

During 2015-2018, KIC made numerous changes to screening and referral (S&R) policies and procedures. For example, KIC updated its procedures to ensure tobacco use screening was occurring in all departments. To address chronic diseases, KIC implemented several programs: Chronic Disease Self-Management Education, Diabetes Self-Management Education, and Diabetes Prevention Program. All programs included updated S&R protocols, which led to KIC receiving recognition from the American Diabetes Association and the Centers for Disease Control and Prevention (CDC).

In late 2018, KIC adopted a new electronic health record system. Recognizing the value of accurate S&Rs and to build off the work they already completed, KIC is reviewing all its policies. By keeping patient records and their policies and procedures current, KIC is fulfilling their vision to “ensure the prosperity of a culturally rich heritage and a thriving community of healthy and economically self-sufficient Tribal Citizens.”

“ [Providers] listen to you, look at your chart and keep track of patient...”  
 —KIC CHA Participant<sup>1</sup>

<sup>1</sup>Ketchikan Community Health Assessment (CHA): Key Informant Interviews Summary, 2015.

### KIC Screening & Referral Improvements Timeline



#### - Background -

KIC is a sub-awardee of the Alaska Native Tribal Health Consortium Epidemiology Center’s Wellness Strategies for Health Program\*, which is part of the CDC’s Good Health and Wellness in Indian Country (GHWIC). The program promotes community-chosen and culturally-responsive policy, system, and environmental improvements to support healthy living and chronic disease prevention among Alaska Native and American Indian people.

